



BIO

For over a decade, Julie Court has been a leading expert in encouraging and equipping women leaders in their spiritual and personal growth. Her passion is to inspire women to lead and serve with confidence and excellence.

Julie is the author of the *Incredible Life Makeover*, along with the companion discussion guide. As a popular and engaging women's event speaker, she has given hundreds of presentations and has spoken to thousands of women within the U.S. as well as internationally in ten foreign countries. In addition to speaking at various events, Julie is also a personal transformation coach.

Julie lives in Eau Claire, WI, and enjoys spending time with her family and working to improve her pickleball game. Julie works part-time at Hope Gospel Mission and administrates her non-profit, New Life for Today. Most importantly as a person of faith, she is dedicated to serving people of diverse backgrounds and beliefs with excellence and integrity.

For more information or to book Julie for a speaking event or coaching, please visit www.newlifefortoday.com.

TRANSFORMATION LIFE COACHING RESULTS

As a result of working with Julie, I now respond to stress and challenges in a positive and emotionally stable manner. How did this happen? I learned practical key life skills that I use every day to nurture key relationships, both in my family and professional life; and dealt with past issues that were holding me back from putting my best self forward. I feel great about who I am becoming and am communicating better with my husband than I have in 25 years of marriage.

Angela

You will:

- ✓ Recognize the blind spots that sabotage your success
- ✓ Learn to manage stress and anxiety
- ✓ Break the cycle of passivity or isolation
- ✓ Conquer feelings of being overwhelmed, stuck, or rejected
- ✓ Achieve your goals and objectives
- ✓ Communicate with greater clarity
- ✓ Achieve increased results faster
- ✓ Rebound from disappointments
- ✓ Maintain energy and positive outlook
- ✓ Enjoy rich, satisfying relationships
- ✓ Lead with integrity and vision